



**Weight Watchers: Smart Points Guide - 77
Delicious Weight Watchers Recipes For Rapid
Weight Loss! (Smart Points, Weight Watchers
Cookbook, Weight Watchers 2016, Recipes)**

Sarah Lynch

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DISCOVER: 77 Healthy Recipes That Actually Taste Good For Weight Loss

Quick Questions!

Do you feel like you just don't have the time to make healthy meals?

Do you want to get rid of your belly and even your thigh fat for good?

Do you also want a variety of quick and easy to make recipes?

Look No Further.

In This Book, You'll Discover...

- Why the Weight Watchers Diet Is For You
- How Much Food You Need To Eat For You To Lose Belly Fat
- 77 Finger Lickin' Good Recipes (Soups, Salads, Breakfast Dishes, Main Dishes, Appetizers, And Even Desserts
- Snacks With Under 4 Smart Points
- Foods With Zero Smart Points!
- Much, much, more!

What Others Had To Say...

"After a fine dialogue with the reader on why Sarah champions this program she offers over seventy recipes that are not only nutritious but also delicious and aimed at resulting in weight loss. Even for those who have ignored the noisy ballyhoo of Weight Watchers will find recipes well worth creating. Sarah present a solid posit for

following her guidance." - Grady Harp (Top #100 Amazon Reviewer, Hall of Fame Reviewer)

"It is not easy to lose weight. Different ways are provided but following them is completely a big challenge. However, weight watchers provide great tips that are really effective. Great recipes are provided which are healthy, mouth-watering and easy to prepare. This is a must to read and try." - Raquel R.

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From reader reviews:

Andrew Sessions:

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Michael Milliner:

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Kenisha Perkins:

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Octavio Martin:

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