



# Expecting Baby: Nine Months of Wonder, Reflection and Sweet Anticipation

*Judy Ford*

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## **Expecting Baby: Nine Months of Wonder, Reflection and Sweet Anticipation** Judy Ford

Pregnancy remains one of life's biggest adventures--a time filled with wonderment as well as new thought, feelings, and worries. Wisely and gently, Judy Ford guides new mothers through every month and phase of this very special time.

Written in Judy Ford's characteristically warm and supportive style, *Expecting Baby* is an emotional and spiritual handbook for mothers to help get them through one of life's great adventures: pregnancy. Filled with practical wisdom and insight, *Expecting Baby* is a great gift of comfort, support and encouragement. From morning sickness, stretch marks and getting support from family and friends to decorating the nursery, food cravings and sex while pregnant, the reader will learn to sift through the troublesome glitches to discover satisfaction and delight in her pregnancy. When she is moody and can't touch her toes, when she's fearful and just wants this baby out, *Expecting Baby* will help remind her what the journey is all about.

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