



# You! A Christian Girl's Guide to Growing Up (Faithgirlz)

*Nancy N. Rue*

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## **Knowledge is power, girlfriend.**

One day you were an easy-going kid, and the next—wham! You're an emotional roller-coaster. Hair is growing in all-new places, and your best friend whispers the word "bra" in gym class.

Now that you're not a little girl anymore, you have lots of questions about growing up, your changing body, and your desires to move beyond kiddie lip gloss. In this book you'll discover all the really weird body stuff you're going through is actually part of God's plan for the beautiful, confident, grown-up you! In addition to health and beauty tips, you'll find answers to some awkward, changing-body questions, ways to create a unique style all your own, and most importantly, you'll discover the true beauty that is revealed as you grow closer to God in this fun, inspirational and interactive book by best-selling author Nancy Rue.

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