



# **Healing Methods Box Set: 22 Lessons On How To Use Honey For Medical Purpose, How To Use Natural Antibiotics Such As Garlic, Learn All About Crystals And ... Antibiotics, Essential Oils for Allergies)**

*Sheri Nash, Jan West, Frances Adkins*

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## **BOOK #1: Honey: 22 Lessons on How to Use Honey for Medicinal Purposes and Learn Its Amazing Healing Powers**

Honey is such a great ingredient to have in your pantry. It can be used in order to sweeten many of your dishes without having to add in more sugar that can be bad for your health. But other than the fact that it tastes good, there are many uses that can come from using honey each day. This guidebook is going to spend some time looking over some of the more popular uses for honey and can help to explain why it is such a great thing.

### **Some of these include:**

- Some of the health concerns that honey can help with
- How honey can be a great addition to your beauty regimen
- How honey can be used to treat many common illnesses and diseases.

## **BOOK #2: Natural Antibiotics: Garlic As The Best Natural Antibiotic You Can Use Instead of Pills**

Garlic is an herb that most of us know for its delicious flavour when seasoning a meal, and the distinctive smell it can add to a person's breath! But for millennia, herbalists and doctors have been aware of the medicinal value of garlic.

As far back as Ancient Egypt, there was knowledge of garlic's power as an antibiotic in particular. There is much evidence to suggest it was used by doctors to treat numerous types of infections, and by field medics to fight the infections in wounded soldiers on the battlefield.

**This book takes a detailed look at the following areas where garlic has been shown to benefit the human body:**

- Treating Blood Disorders
- Fighting Infection
- Preventing/Treating Cancer
- Other Medicinal Uses

### **BOOK #3: Crystals: Crystal Healing For Beginners. Uncover The Healing Power Of Crystals And Healing Stones and Learn How To Heal The Human Energy Field, Reduce Stress and Experience Instant Relaxation**

Crystals are not just pretty to look at and delightful to hold, they also hold somewhat magical qualities, including the ability to promote healing and balance in the body and mind. But not just any old crystal will do. You need to know what crystals work on the particular problem or purpose you want them for.

**Some of the chapters include:**

- How to use healing crystals
- How to build a crystal altar
- Cleansing your crystals
- Specific crystals for certain conditions
- Crystal guide
- Different types of healing

### **BOOK #4: Essential Oils for Allergies: Top 10 Essential Oils You Can Use For Allergies**

Suffering from allergies is something that no one likes to deal with. There are many different symptoms but no matter which one you get, or even if you have a combination of them, they are going to make you feel very miserable and like you can get nothing done for the day. While there are many medications available to try out, most of the time they will just prevent the symptoms for a short bit, but will have a lot of side effects or can make you feel worse. Luckily, there is a solution that is going to make you feel so much better and it is all natural and healthy for you.

### **In this guidebook you will learn:**

- The different symptoms that can come from allergies
- The types of essential oils you can use in order to feel better with your allergies.
- The ways that you will be able to use the essential oils in order to efficiently get rid of your allergy symptoms.

## **Getting Your FREE Bonus**

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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**Diana Saffold:**

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