

Spiritual Balancing: A Guidebook for Living in the Light

Diana Burney

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Spiritual Balancing: A Guidebook for Living in the Light Diana Burney

This guide to spiritual empowerment provides a spiritual approach to the psychology of everyday living by offering practical strategies and step-by-step methods for clearing out negative psychic energy. Addressing topics such as spirit interference, spirit possession, and spirit attachment, Diana Burney--who has helped thousands worldwide refocus energies for positive results--shares timeless lessons and basic techniques for psychic protection and spiritual cleansing. Those who feel stuck energetically, emotionally, mentally, or financially will learn tools for healing and self-empowerment that will help them release impediments and accelerate their spiritual journey. In these difficult times, *Spiritual Balancing* provides answers for readers at all levels of spiritual growth as they seek to establish and maintain equilibrium in body, mind, and spirit.

Contents

Chapter One: Moving Forward Spiritually

Chapter Two: How to Cope With the Ascension Process

Chapter Three: Elimination of Barriers Chapter Four: Clearing Your Living Space

Chapter Five: Spiritual Protection

Chapter Six: Violet Fire

Chapter Seven: Spiritual Power Tools Chapter Eight: Spiritual Ecology Chapter Nine: Divine Guidance

Chapter Ten: The Empowerment of Meditation Chapter Eleven: Toward Energy Mastery Chapter Twelve: Energy Matrix of Chakras Chapter Thirteen: Awakening Divine Blueprint Chapter Fourteen: Spiritual Growth Exercises

Chapter Fifteen: Earth Healings



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