



**Self - Help Box Set: Discover the Secrets of
Unlimited Success with Advanced Mind-Body
Techniques & Strategies (Self-Help, self helping,
self esteem self help,)**

Elen Richard, Dona Wright, Todd Evans, Iris Fletcher, Steven Brown, Ketrin Davis

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BOOK #1: Numerology: 25 Tips on How To Reach Unlimited Success In Career, Relationships, and Life. Discover the Secrets for Marriage and Career Development

Numerology is one of the most logical ways in which you can live your life and pursue your goals. This e-book explains the theory behind Numerology and how the numeric system works. Numbers come alive with your strengths, weaknesses, characteristics and personality traits that will help you choose the best career path, the best investment possibilities, and your best chance for a happy marriage and a rewarding life.

BOOK #2: Speed Reading: Speed Reading Training - Become a Super-Fast Reader With Apps That Teach You Speed Reading

This book will give you all of the information you need on the new Speed Reading app trend that is sweeping the country. Speed Reading is once again becoming more common in mainstream America. In today's fast-paced world, people generally do not have the time to read like they once did, instead taking small chunks of reading on their mobile devices for a few minutes when they have it to spare. It is because of this time crunch that speed reading has come back.

BOOK #3: Bodyweight Training: Double Your Strength Using Body Weight for Circuit Training Workout

The basics of weight and circuit training are outlined in this handy guidebook to gym exercises. They are designed for the average person. As such, they progress from beginner to advanced level. Most people are willing to start something new but most do not stick with it. Having a motivating person at your side goes a long way in keeping you focused. This book is designed to outline basic steps in weight and circuit training so you have a clear idea of your direction. It varies at the start and changes as you take on advanced

measures.

BOOK #4: Body Language: Reveal the Secrets of the Most Common and Easily Identifiable Non-Verbal Signals in One Day

Unlock the secrets of body language and consider the way that your life will improve as you become a more effective and skilled communicator. There is no greater gift that you can give yourself than the ability to read another person's body language. Whether it's in life, love, or business, this easy to read guide offers all of the skills necessary to get started with this amazing new skill in under twenty four hours!

BOOK #5: Brain Training: 45 Advanced Techniques & Strategies For Greater Mind Power, Better Memory and Higher Concentration

Stop letting yourself lose focus during important tasks. You can get more done if you learn how to concentrate and think faster. The most intelligent people throughout history have understood what it takes to use their brains. You too can learn to harness the power of brain training, and live up to your true potential.

BOOK #6: Mindset: The Millionaire's Mindset - 12 Tips on How To Think Like a Winner and Reach Success In Every Aspect of Your Life

Success means different things to different people. We can find success in many different areas of our lives. Success may mean different things to us at different times of our lives. It's important to remember that success is not achieved over night and it is something that we must work for in different ways in order to reach our goals and find ultimate success in life. Success cannot be bought and must be worked for in every way possible. Success is different for each person and usually connected personal goals.

Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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