



# More Quick Team-Building Activities for Busy Managers: 50 New Exercises That Get Results in Just 15 Minutes

*Brian Cole Miller*

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## **More Quick Team-Building Activities for Busy Managers: 50 New Exercises That Get Results in Just 15 Minutes** Brian Cole Miller

Most managers, supervisors, and team leaders realize the importance of team-building, but just can't seem to find the time in their busy schedules. *More Quick Team-Building Activities for Busy Managers* provides the solution! The book contains 50 all-new exercises that can be conducted in 15 minutes or less, and which require no special facilities, big expense, or previous training experience. Each activity is presented in just a few short pages with all the relevant information including a list of materials needed, the purpose of the exercise, and handy tips for success, all highlighted for easy reference. Readers will find fun and effective activities for:

- Building new teams and helping teams with new members
- Finding creative ways to work together and solve problems
- Increasing and improving communication
- Keeping competition healthy and productive within the team
- Dealing with change and its effects: anger, fear, frustration
- And more.

The book also includes special guidance for "virtual teams," whose members are in different locations but must work as a unit. For anyone charged with the task of bringing teams together, this book is the answer.

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