



**Do It Yourself - Natural Eyesight Improvement -  
Original and Modern Bates Method: with Better  
Eyesight Magazine by Ophthalmologist William H.  
Bates (Black & White Edition)**

*Clark Night, William H. Bates*

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# **Do It Yourself - Natural Eyesight Improvement - Original and Modern Bates Method: with Better Eyesight Magazine by Ophthalmologist William H. Bates (Black & White Edition)**

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Dr. Bates discovered the natural principles, true function of the eyes and applied relaxation, natural methods to return the eyes, eye muscles, brain, body (entire visual system) to normal function with healthy eyes and clear vision. The Bates Method of Natural Eyesight Improvement. Dr. Bates Better Eyesight Magazine stories, articles describe how Dr. Bates, Emily Lierman Bates, other Doctors, School Teachers, Bates Method Students/Teachers, Children & Parents used Natural Treatments to remove, correct, prevent many different eye problems without use of eyeglasses, surgery, drugs. The natural treatments they applied removed/prevented; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, wandering/crossed eyes and other conditions. Hundreds of Natural Treatments are listed. The magazines contain 'True Life Stories' of the doctors, assistants, patients, treatments.

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