



This Is Why You're Fat: Where Dreams Become Heart Attacks

Jessica Amason, Richard Blakeley

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Food was once the providence of celebrated chefs and critical connoisseurs. Cooking shows featured all gourmet creations and web sites displayed artfully photographed delights.

Then something changed.

Perhaps it was the desensitizing of web culture or perhaps it was a cry for help from the food-loving public. But by God - there came a day when fancy vegetable towers came crashing down and \$50 mushrooms were no longer acceptable. Amason and Blakley wanted see the old stand-bys, the carnival foods of their childhoods, the sticky mess of a deep-fried candy bar, the indulgence of a greasy burger with all the fixins.

It was the birth of the nasty food web-trend. And it was delicious.

The website This is Why You're Fat is an ode to this trend - whether seen as a commentary on North American dietary habits or a celebration of the deliciously bad - Amason and Blakeley are devoted to the world's newfound obsession with over-the-top food. Within its first month the site pulled in over ten million eye balls, and attracted major nation media including CNN. The world cooked, they listened.

www.thisiswhyyourefat.com

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