



Ronin Buddhism: Walking a Spiritual Path Alone

Darren Lamb

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Traditional Buddhism teaches us to take refuge in three things...the Buddha, the Dharma, and the Sangha (those people we practice with). While the Buddha and the Dharma can be found almost anywhere, often times there might not be a Sangha to be a member of. What if there is not one present in your state, or what if it is illegal or dangerous to practice in your area? You may have to practice alone. In the days of the Samurai, there were people called Ronin. A Ronin was a Samurai without a master to serve. Those who practice Buddhism unconventionally might feel a bit like the Ronin, since they don't have a formal teacher and will often times feel alone. Ronin Buddhism is about believing in ourselves to the point where we dare to walk a spiritual path alone. Siddhartha didn't have a Sangha. He ultimately ditched others and went it alone. After all, you're the one who has to sit on the cushion. No one else can reach enlightenment for you. Whether you are a beginner or a reincarnated Lama, this book has something for you. Taking a nontraditional and often silly approach to the practice, Ronin Buddhism will make you think about the practice in new and entertaining ways.

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