



Guide to Healing Chronic Pain: A Holistic Approach

Karen Kan

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Are You Trying to Get Relief from Chronic Pain without Drugs or Surgery?

- Have you been diagnosed with a so-called incurable pain condition like herniated discs, arthritis, multiple sclerosis, migraine, nerve damage or fibromyalgia?
- Have you tried all sorts of medications, injections, physical therapy or even surgeries for your chronic pain and nothing has worked?
- Do you feel betrayed by the medical system because you've done everything your doctors have told you and you're still in pain?
- Does your heart ache because you can't play with your children or grandchildren?
- Are you worried about the long term side effects of the pain medications?
- Do you feel like you will never be able to enjoy a normal, active life again?

This guide to natural pain relief encompasses the body, mind and spirit, and will help you:

1. Discover multiple natural pain relief therapies you can use to heal your pain with or without your doctor's consent
2. Use cutting edge energy tools to reduce and eliminate pain symptoms within seconds or minutes
3. Reduce and reverse the inflammation in your body caused by stress, toxins, trauma and drugs
4. Re-wire your brain and nervous system to get your body's self-healing mechanisms up and running again
5. Harness the Law of Attraction and the power of the Mind to remove obstacles to healing
6. Eliminate negative thoughts and emotional baggage associated with your chronic pain
7. Reconnect with your Spirit and Higher Self so that your healing can be a joyful journey of self-discovery
8. Rally the "right" support team to help you heal

Here's what other Healing Experts have to say about Guide to Healing Chronic Pain - A Holistic Approach:

"Doctor Karen Kan is at the forefront of a movement that is changing the way people think of pain and chronic illness. This movement will prove to be one of the most profound shifts that has ever occurred to our world, one that will reach every corner of the globe, and forever alter the way we take care of ourselves. Karen's book explains the various alternative approaches to chronic pain that are proving their validity every day. Comprehensive, easily read, and a masterpiece of clarity, her Guide to Healing Chronic Pain is a book that will be used as a reference for many years to come. Highly recommended!"

~Dr. Bradley Nelson

Author of The Emotion Code: How to Release Your Trapped Emotions for Abundant Health, Love and Happiness

"Guide to Healing Chronic Pain is not only an absolute must read for anyone suffering from chronic pain, but also for anyone wanting to stay perfectly healthy for the rest of his or her life. In the book, Dr. Karen Kan has set a new precedent of health care for Western physicians to follow in the 21st century and beyond. Taking the reader on a thorough exploration of drug-free, innovative, and alternative medicine modalities such as infrared nanotechnology patches (acupuncture without needles), grounding, energy healing,

nutritional therapy, Qi and nervous system balancing, detoxification, and EMF pollution shielding, Dr. Kan synthesizes ancient Eastern healing techniques with cutting-edge science. Dr. Kan's balanced "Spirit-Mind-Body" approach to healing chronic pain is not only revolutionary but is exactly what is needed now in Western medicine. Dr. Karen Kan is indeed a role model for the Next Human physician."

~**Jason Lincoln Jeffers**, Spiritual Teacher, Author of The Next Human

"Karen Kan is a brilliant M.D. who is also a true healer - an unusual combination! In her new book, "A Guide to Healing Chronic Pain," she has brought together decades of study and a practical approach to the relief of suffering. If you're in pain, order this book and read it. Her encyclopedic knowledge of the body and medicine is put into practical, usable terms. This book is a work of genius."

~**Lion Goodman**

Author of Creating on Purpose

Creator of the BeliefCloset

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Jack Godina:

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Irvin Ehlers:

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Michael Major:

What is your hobby? Have you heard that question when you got college students? We believe that that problem was given by teacher on their students. Many kinds of hobby, All people has different hobby. Therefore you know that little person such as reading or as studying become their hobby. You have to know that reading is very important and book as to be the point. Book is important thing to provide you knowledge, except your personal teacher or lecturer. You see good news or update about something by book. A substantial number of sorts of books that can you go onto be your object. One of them is this Guide to Healing Chronic Pain: A Holistic Approach.

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