



Open Road: a life worth waiting for

Kate Ingersoll

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Open Road: a life worth waiting for chronicles my life's story from my earliest memory at age three until the present moment. It echoes the heartbeat of Joseph Campbell's words: "We must be willing to let go of the life we've planned so as to have the life that is waiting for us." The book is told through the metaphor of creating a garden, with each step a necessary and preparatory stage for the following one. From tilling the soil to planting, from pruning back the excess to gathering the seeds for a future harvest, the memoir gently encourages the reader to understand that this is truly a never-ending journey through which we are all evolving in our own time...and through the unique calling of our spirits. It is my hope that this memoir will encourage others who have had to endure and overcome obstacles, both inner and outer, on their way to transformative healing. Through sharing my story, I wish to give others the opportunity to reflect on their own...and in turn, to share their stories as well.



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